

“The 5 Stages of Stress”

What To Do With This Chart

1. Take this chart with you everywhere you go.
2. Use it on everyone you know and meet.
3. Watch peoples' eyes & compare with chart.
4. Make Sure Your Eyes Are level with their eyes
5. Report Stages 4 & 5 to Authorities

Get the accompanying ebook
“**Predict & Prevent Violence**” @
www.kathycommunicates.com/violence

“**Predict & Prevent Violence**” is also available as
a seminar/class for your group.

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Whites Below One Iris Only

1. Stress in life somewhere. Depth perception & peripheral vision is off. Accident prone.



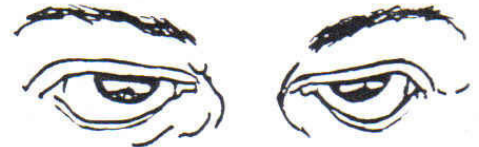
Whites Showing Below Iris

2. A lot of pressure. Be aware of situation. These eyes want to unload.



Whites Below Eyes, Half of the Iris Visible

3. Be very cautious. Extreme pressure. These eyes are hiding something.



Whites Below, Half of the Iris Showing, and Glassy Eyed

4. Don't walk, run away! These eyes have psychotic tendencies.



Three Whites Visible

5. The eyes of a psychopathic killer. These eyes want to gain power of you.