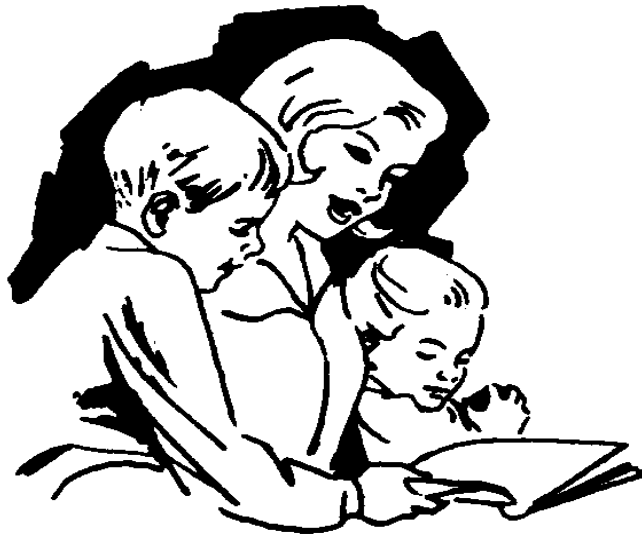


Predict & Prevent Violence

Save Your Family From Danger

Don't Be A Victim



By Kathy Thompson

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“Predict & Prevent Violence”

Pressure, pressure, pressure. How can you tell when someone is under too much stress? Would you like to know if your spouse, boss, children, family, friends, even strangers have too much stress and are prone to violence? You're going to find out.

The eyes can predict when someone can become violent. According to my research, the more pressure and stress is person is under, the more it will show in the eyes. The more white around the iris, the more dangerous that person can become. This true for most people. The eyes will show a person's true mental state. The eyes are stress signals.

The information I am about to divulge is very alarming, dynamic, and powerful. I feel so strongly about it. It is timely and needed. It can help prevent a lot of senseless violence, especially with our children. If you want to know more about the eyes and stress, contact me at; success4u@kathycommunicates.com

I would like to start with a scenario/story to set the stage. Please pay attention, because I will be referring to it during this report. It is the story of a typical family - "**The Blaines.**"

It was late at night, 16 year old, Eddie was lying in bed. Thin and wiry, he was restless and agitated. He couldn't sleep and became more upset and angry.

His parents were out for the evening. Then he remembered his Father's gun. Heading for his parents bedroom he remembered the events that brought him to the point of exploding.

He had failed his written driver's test. He wanted extra money to buy some clothes to impress his girl friend. His friends suggested selling drugs for some quick money. They also want him to start smoking. He got in a fight with a fellow team member, and got thrown off the basketball team.

He wanted to go all the way with his girl friend, Becky. They argued. Then he saw her with another guy. Becky was cuddling and laughing with Jim, an

older teen. They made a date to go to the movies together. Eddie got jealous and angry. He was ready to take revenge on them. With the gun in his jacket pocket, he waited for them in the parking lot of the movie theater. The long wait only made the anger fester inside him.

Eddie wasn't the only one having problems. Amy and Tom, his parents, went to a party given by Tom's boss. Tom was the Human Resources Director of the local school district. The business manager was caught embezzling money from the district. Tom had to bring charges and fire a close friend, then hire a replacement.

The payroll department screwed up everyone's paychecks, and they had to be redone. And he was becoming attracted in a teacher who would always listen, and be there for him.

Amy, Eddie's Mother, was secretary for a large local insurance company. She was worried about their money problems. Lisa, their older daughter, was in an accident, smashed the car, and broke her leg. They needed new clothes for the children, a new wash machine and lawn mower. The night before, Amy found a lump in her breast while bathing.

She and Tom had an argument that night about Eddie and his school grades. At the party they pretended to have a good time.

Meanwhile, after the movie, using the gun, Eddie took Becky and Jim hostage. In a park in the dark, Eddie wasn't sure what he was doing. They had been spotted and before long it was a stand off with the police. Keeping Eddie's attention, the police surrounded them. In the process of getting the gun, Jim and Becky were wounded.

YES, THIS TRAGEDY COULD HAVE BEEN AVOIDED! Discover How!

THE DIFFERENCE IN THE EYES

When you look at a face, first draw an imaginary vertical line down the center of the face from the forehead to the chin. Notice the difference in the two sides of the face. Are people two faced?"

Yes, they are--literally. Some more than others, ex. G. W. Bush.

The left side of the brain controls the right side of the face/body. So the right side of the face will show your logical, intellect, thinking-your computer, your public, professional side. The right side of the brain controls the left side of the face/body. So the left side of your face displays your emotions, imagination, dreams, intuition, your personal side. This is the side you keep to yourself.

The asymmetric face shows that a person can have one personality style in their personal life (left side), and a different style in their professional life (right side).

This is why the two sides of the face are different, the eyes in particular. If there is a lot of white under the left iris, there is pressure/problems at home. If the white is under both irises, the person has stress at home and on the job.

WHAT HAPPENS TO THE EYES DURING STRESS?

All that white is caused by pressure and tension created within the mind, and results in a change in the muscles. That pressure affects the optic nerves and muscles. The eyeball is pulled up into the socket. The result is a loss of peripheral vision and depth perception. This could be the reason a person may be accident-prone. When you look someone straight in the eyes, and there is white under one eye, you are looking at an accident waiting to happen.

EXAMPLE:

Let's go back to "The Blaines". Where would the stress show? Which eye/s?

With Eddie _____ Right - Why?

With Amy _____ Left - Why?

With Tom _____ Both - Why?

SANPAKU

Refer to the following Eye Chart & study the five stages. Click here to see and download chart: <http://www.kathycommunicates.com/eyes.html>



Whites Below One Iris Only

1. Stress in life somewhere. Depth perception & peripheral vision is off. Accident prone.



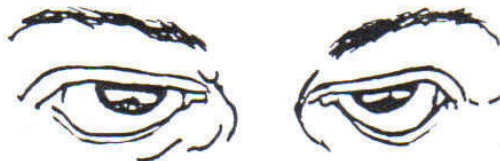
Whites Showing Below Iris

2. A lot of pressure. Be aware of situation. These eyes want to unload.



Whites Below Eyes, Half of the Iris Visible

3. Be very cautious. Extreme pressure. These eyes are hiding something.



Whites Below, Half of the Iris Showing, and Glassy Eyed

4. Don't walk, run away! These eyes have psychotic tendencies.



Three Whites Visible

5. The eyes of a psychopathic killer. These eyes want to gain power of you.

STAGES - Pay attention to the iris.

Stage 1 - (White below one iris only) Stress in life somewhere. Depth perception & peripheral vision is off. They are accident-prone. This is a warning of a serious imbalance.

Stage 2 - (White showing below both irises) There is a lot of pressure, be aware of the situation. They want to unload. No talking, no decision-making. Don't let them drive. The problem needs to be resolved. Focus outside the problem and on the positive.

Stage 3 - (Only half of the iris is showing) Be very cautious. Extreme pressure. They are hiding something. They need to be protected.

Stage 4 - (Add blank stare, glassy eyes) Don't walk, run away! They have psychotic tendencies. The muscles are tensing, circulation is impaired. They are no longer in control. The tension must be released.

Stage 5 - (Three sided white area around iris) -The eyes of a psychopath. They want to gain power over you. BAM!!! They can become violent. The pressure is released.

WHAT TO DO!

When dealing with someone under great pressure;

1. Don't talk about your own problems.
2. Don't talk or make decisions.
3. Don't argue or try to reason with them. It will only add to their depression.
4. They need to relax, drink more fluids, sleep.
5. They need to be protected.

Nonverbally they are saying, their problems are so great, they can't concentrate on anything else.

THEY NEED HELP!

Let's go back to "The Blaines" for a minute. Eddie snapped. Could that have been prevented?

Yes, if his family, friends, teachers knew the signals.

What about Tom and Amy's problems? They need help before it goes too far. They can get help, if they know the signals-what to look for. Perhaps they can recognize the signs in each other or from their family and friends.

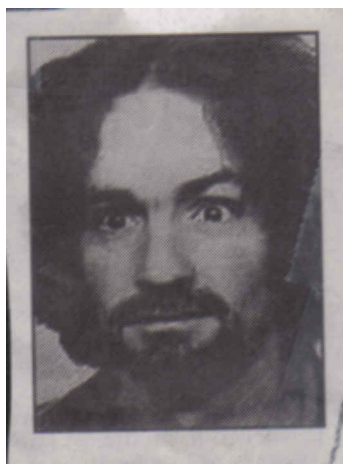
The white under the eyes is known as "sanpaku" (Japanese word literally meaning three (san) whites (paku).)

The test is when you are looking straight at someone about the same level and see the white.

In our society we can prevent the violence in our schools (Columbine, Littleton, Colorado, Kentucky, Mississippi, Pennsylvania, Arkansas, Oregon, Virginia), and with all the kidnapping today, this information is needed even more.

With even the slightest stressful feeling or thought, the eyes will react to your true mental state. These pressure signs can change from day to day. When communicating with people in your life, watch the eyes. They are stress signals.

Here's a couple real examples:



Did you recognize Ted Bundy and Charles Manson?

Kathy Thompson is a Writer, Speaker, and Personal Coach ready to help you. This course is also available on tape or as a seminar for your group. Kathy offers products, programs, and profiles to help you succeed. Contact her at: 512-353-7663 or Kathy@kathycommunicates.com

SURPRISE BONUS REPORT

“Where Do Your Eyes Gaze?”

What do your eyes gaze at? How and where do you gaze at people?

The pupils of the eyes will dilate (enlarge) up to four times their normal size when excited. An angry, negative mood causes the pupils to contract (become smaller). When a person is being dishonest or holding back information, their eyes will meet yours less than 1/3 of the time.

To build good rapport with someone, your gaze should meet theirs 60% to 70% of the time.

BUSINESS GAZE - Imagine there is a triangle on the other person's forehead. Keep your gaze directed on this area. This will create a serious atmosphere. The other person will know you mean business.

SOCIAL GAZE - When the gaze drops below the other person's eye level, a social atmosphere develops. Look at the triangular area below the eyes (includes the nose and mouth).

INTIMATE GAZE - This gaze goes across the eyes and below the chin to other parts of the body. When close it forms a triangle from the eyes to both sides of the chest or breasts. From a distance it is from the eyes to the crotch. If the person is interested, he/she will return the gaze.

The type of gaze you use in face to face encounters have powerful results. Use the appropriate gaze for the situation.

To control a person's gaze, use a pen or point to a visual aid, as you explain something for them to see and hear what you want them to do.

Research has shown that of the information relayed to a person's brain, 80% comes through the eyes, 9% through the ears, and 4% through other senses.

If you haven't picked up your bonuses, get them now! Be sure to right click to download.

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This information is also available as a seminar. Get a group together, and give me a call. Kathy Thompson, 512-353-7663 or writing4u@kathycommunicates.com

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